Elles Utemat offers outdoor meals and cooking over an open fire experiences. We use organic and locally produced products and adapt our menus to customer requirements. Breakfast, brunch, dinner or a three-course meal with boiled coffee and desserts prepared out of doors. What more could you want for a complete nature experience?

In the forest, by kayak, by the ocean or a lake – your imagination is the only limit. Elles Utemat offers seasonal courses in mushroom foraging and mushroom sampling. Lavvu-style tent for overnight accommodation and mobile tent sauna available to hire in connection with cooking events. Elles Utemat also offers wildfoods, edible plants and mushroom walks from May to October.

---

**Activity facts**

**Type of company:** Outdoor cooking over an open fire  
**Location:** Mobile activity  
**Duration:** As agreed  
**Season:** All year round  
**Target group:** Tourist groups, corporate groups  
**Min/max no. of participants:** Max 60  
**Level of activity/previous knowledge required:** None  
**Language:** Swedish, English, Russian, Spanish

---

**Contact details**

**Name of company:** Elles Utemat  
**Contact person:** Elle Nikishkova  
**Phone:** +46 73 151 0606  
**Email:** info@ellesutemat.se  
**Web:** www.ellesutemat.se